



# Relationship w/Jesus

## ARTICLE

# Phobia

intentional

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*"There is no fear in love; but perfect love casteth out fear: because fear hath torment. He that feareth is not made perfect in love." 1 John 4:18*

### **BOO!**

Some people love to be scared. Inasmuch so there are so many movies and shows designed to scare the daylights out of you.

Me? Nope! I don't do fear; I refuse. It is not happening.

Then there is a fear that people don't choose. It comes to them without invitation due to traumatic events, situational happenings and through observation, just to name a few ways. These folks are stuck, it's called Phobias. The fear is irrational and extreme, meant to panic and paralyze.

Now, after my fall in January, I grew an extreme respect for ice, particularly on the pavement. Yep, this ole body became a bit fearful after my fall. Well, not really, I was downright frightened to walk on anything that may resemble ice. I experienced a full blown phobia! More and more as the days passed after that horrible fall, I became less and less frightened. And, at times, I still test the pavement, even when the temps are in the 40s, you know, just to be sure.

Phobias are real. Arachnophobia: extreme and irrational fear of spiders. Claustrophobia: extreme and irrational fear of enclosed spaces. Phobophobia: extreme and irrational fear of fear. Hippopotomonstrosesquippedaliophobia: extreme and irrational fear of long words. As silly as these sound, it's not silly to those who are inflicted by them.

Before I met Jesus I had astraphobia: The extreme and irrational fear of thunderstorms and lightning. I hated storms. Deep inside me, I thought I would die because I was so tense and stressed during a storm.

It's funny how the Lord steps in and helps you before you even ask. Because, after that I was baptized in Jesus' name and filled full of the Holy Ghost, I found that I love storms. Yes, a bit scary at times, but not fearful. I know who controls the storms in my life. I am at peace with those storms.

Phobias are designed by the enemy and the enemy would like nothing better than to shackle anybody and everybody with fear. Phobias inhibit lives and impede us from living abundant lives.

My fall will not define me. I decided I will not allow any fear to push me around, so I prayed until I got the victory.

I know Jesus is the One who delivered me from astraphobia and I know it was Jesus who delivered me from cryophobia (extreme and irrational fear of ice or cold). \*Now if you have Chionophobia (an





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intense and irrational fear of snow) let me know and I'll pray for you.\*

When we call upon the name of Jesus Christ, heavenly angels and demons both stand at attention! At the name of Jesus devils tremble. When we fast and pray all of these "phobias" which are evil spirits can be cast out of people, creating a freedom in their lives. They can be delivered from them. After the phobia is gone, help them pray through to the Holy Ghost; so they can fill the void and maintain the victory.

"And the LORD, he it is that doth go before thee; he will be with thee, he will not fail thee, neither forsake thee: fear not, neither be dismayed." Deuteronomy 31:8  
KJV

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